



30 November 2012

## Christmas Appeal 2012

Dear SMOAT Supporter,

Our appeal this Christmas will provide funds to two small organisations with proven track records for the particular projects described below. I hope you will agree that they are worthy of your support.

### Clean water and sanitation for Nakasheke Village, Zambia.



Village Water is a proven, small but growing organisation which specialises in providing clean water and sanitation for villages in Zambia which have not been reached by big providers such as Water Aid. The inhabitants of Nakasheke live in dire poverty and poor health. Water is obtained from a contaminated scoop hole, which is prone to dry up in the dry season and collapse in the wet season. The villagers practice open defecation and have no hygiene or health facilities.

Village water follows a well-tested formula. Villages have to apply for help and form a water committee which raises a small levy for maintenance. They then receive hygiene and sanitation training. Village Water oversees the project, provides materials and installs the water pump but the villagers undertake the digging of the well and construction of latrines, bath shelters, and 'off the floor' kitchens as well as learning how to maintain the pump and water point. Training by Village Water personnel takes between three and six months and later follow up visits ensure that what is learnt is practiced.

Past schemes have shown a steep decline in rates of diarrhoea, bilharzia, trachoma and malaria. Less time spent fetching dirty water, and coping with the consequences, releases time for better agriculture and income generating activities.

The project cost of £2,500 pays for the pump, materials and supervision of the whole project.



## Mosquito nets and health facilities in Rukungiri, Uganda



Project Uganda is also a small organisation mainly funded by the village of Winterslow in Wiltshire. Its work, associated with the vocational training centre in Rukungiri, is overseen by extended annual visits from Mat Gothard and his retired parents.

These are very practical, committed people with a fine track record of achievements both at the vocation centre and also through installing framed mosquito nets and building wash rooms for the surrounding schools.

Labour comes from the trainees and past pupils of the centre. They also have a project to transform local agriculture from subsistence to market gardening.

In this part of Uganda, mosquito born deceases are one of the greatest threats to health, and one consequence is the effect of malaria on the capacity to work and absorb education.

Judging by your generosity towards our recent Christmas Appeals I anticipate we will have a surplus over the cost of the Village Water project with which we propose to fund further schemes for the provision of mosquito nets or other health facilities in Rukungiri.

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These are small organisations, short of funding, which will make very good use of money from this SMOAT Christmas Appeal. They follow the SMOAT tradition of helping the poor to help themselves. Both have sound track records and provide good value for money. Your gifts will provide not a hand out but a hand up. Please give as much as you can.

With best wishes from the SMOAT committee for a very Happy Christmas and New Year,

Harry Ingram (*Chairman*)



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ST MARK'S OVERSEAS AID TRUST

REGISTERED CHARITY No.280091

Your Address: (required for Gift-Aid reclaim)

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Postcode .....

### SMOAT Christmas Appeal 2012

I wish to contribute towards SMOAT's work in Zambia and Uganda.

I enclose £ ..... Date: .. / .. / .....

Signed: .....

(Cheques payable to SMOAT. Please post in the envelope provided, or hand to one of the committee.)

If you wish to receive occasional information from SMOAT by e-mail please provide your address: .....

Please return this form to SMOAT  
c/o 49 Redstone Hill  
Redhill RH1 4BG

### GIFT AID DECLARATION:

*giftaid it*

Please treat as Gift Aid donations all qualifying gifts of money made to SMOAT

today       in the past 4 years       in the future

✓ Please tick all boxes you wish to apply

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCS) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand SMOAT will reclaim 25p of tax on every £1 that I give.

Please notify SMOAT if you:

- Want to cancel this declaration,
- Change your name or home address,
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.