



S · M · O · A · T

40 YEARS OF OVERSEAS AID

REGISTERED CHARITY No. 280091

15 November 2020

Dear SMOAT supporter

2020 has certainly been a challenging year. The COVID-19 pandemic has been global in scale and touched the whole of humankind; it has disrupted economies and challenged health and care services across the world. But health challenges do not affect people equally, and the most disadvantaged communities are disproportionately affected and impacted by disease and malnutrition.

At SMOAT, we have been sad not to be able to run our usual programme of fund-raising events, but we have worked hard to allocate the generous donations of our amazing regular givers. In order to support more projects, we are even more reliant on our annual Christmas Appeal. This year we are supporting two amazing projects which are able to swiftly push ahead in the wake of the COVID-19 crisis.

Afrinspire – Shallow well project

Afrinspire is a Cambridge-based organisation, established in 1997, which has built trusted relationships with local leaders of grassroots organisations to tackle the root causes of poverty. These dedicated individuals advise Afrinspire on projects to finance and entrepreneurs to support. It benefits huge numbers of people and encourages southern initiatives by building their capacity.

This project will provide basic sanitation systems to a community which has been ravaged by flooding. Lunga district



comprises of an archipelago of islands in the Bangweulu Wetlands known as the Lunga Swamps. One of the most rural districts in Zambia, water, sanitation and hygiene coverage on Lunga Island was poor before the floods decimated the existing facilities: only 30% had access to safe water and less than 47% had access to basic sanitation.

Penelope Machipi is their local contact in Samfya on the mainland on the edge of Lake Bangweulu. Penelope has recently coordinated the building of wells in Samfya and can mobilise this local team on the islands.

Unlike deep boreholes, which need drilling rigs and expensive equipment to be brought to site, as well as permission to tap deep groundwater, the shallow well is much cheaper and easier to construct.

Based on the other work on the mainland, the well is expected to cost in the region of £1,200.



It could provide clean water for up to 3,500 people. Additional monies raised will help with repairs to existing hand pumps, as well as installations of much needed latrines or further wells.

Chase Africa – Mobile medical clinics

Chase Africa is a Somerset-based organisation that works with local partners in East Africa. The project will fund their mobile outreach health clinics in Kakamega County in the west of Kenya where there is limited access to formal health facilities.



Delivered through Kenyan partner, Community Health Volunteers, the teams identify and engage talented local people from within the community and train them to inform, educate and communicate with their communities about primary healthcare. A big effort is put into letting the community know a mobile clinic will be operating on a certain date. This includes a public address system mounted on a car which visits the area for two days before the clinic arrives, announcements at church services, posters displayed around the region and encouraging head teachers to inform their pupils to tell their parents.

On the day of the clinic, the local teams work alongside professional doctors from Kenya’s health care system who travel from the city hospitals. A range of primary health services are provided, including: HIV counselling and testing, immunisations, nutrition screening, contraceptive implants, treatment for malaria, diarrhoea, respiratory infections, skin complaints like jiggers, worm treatments, and some cancer screening and referrals.



The community health workers play an important role in helping to break myths and misconceptions about family planning. They also talk about general health issues and recently have been exceptionally busy teaching people how to stay safe from COVID. On average, the mobile clinic

provides primary health care services and family planning advice to anywhere between approximately 800-2000 people.

These projects are very different but equally as essential. The provision of clean water and access to basic health services should be a basic right for everyone. Unfortunately, they are not and, as a result, many thousands of people in the poorest rural communities in the world suffer unnecessarily. We hope you will feel able to support us this year.

On behalf of the SMOAT Committee, I wish you a peaceful and happy Christmas and a healthy and happy New Year.

Barbara Perkins, Chair

SMOAT Christmas Appeal 2020

I enclose a gift of £ towards SMOAT's work in Zambia and Kenya.
or Donate online at <https://virginmoneygiving.com/fund/SMOAT2020>

Title First Name or initials Surname

Cheques, payable to **SMOAT** should be sent to: SMOAT Treasurer, 12 Ifield Close, Redhill, RH1 6SW

Gift Aid Declaration – SMOAT

Boost your donation by 25p of Gift Aid for every £1 you donate

Gift Aid is reclaimed by us from the tax you pay for the current tax year.
Your address is needed to identify you as a current UK taxpayer

In order to Gift Aid your donation you must tick this box:

I want to Gift Aid my donation of £_____ and any donations I make in the future or have made in the past 4 years to SMOAT.

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

My details

Title First Name or initials Surname

Full home address

..... Postcode

Signature Date

Please notify SMOAT if you:

- Want to cancel this declaration,
- Change your name or home address,
- No longer pay sufficient tax on your income and/or capital gains.

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

Data Protection. SMOAT will not share your information with any other organisation. If you wish to update your contact information, or be removed from our contact list, please contact us at any time.

Email contact@smoat.org.uk or write c/o 49 Redstone Hill, Redhill, RH1 4BG

If you are not currently on our address list, you may tick the preferences below, or alternatively sign up online at www.smoat.org.uk

Title(s): Name(s): Date:

Please tick all boxes which apply. Please contact me(us) by:

- post: Address as above
- e-mail:
- phone:

Please indicate preference for Newsletters: printed e-mail